



HARVEY R. DANCIGER, DPM

Advanced Foot and Ankle Care

If you have **burning, tingling, hypersensitivity, and/or numbness** in your feet—and especially if you cannot think of any logical reason for it—the odds are rather high you have nerve damage (neuropathy) of some kind.

Symptoms like those can be downright disabling, so you likely want to know why you've developed **neuropathy**. This is natural, since the only way to truly resolve a problem is to identify the root cause and then address it appropriately.



REQUEST AN APPOINTMENT

OUR OFFICE
74000 Country Club Dr, Ste A-2
Palm Desert, CA 92260
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OUR WEBSITE
CoachellaValleyPodiatrist.com

CALL NOW: (760) 568-0108

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Why Does Neuropathy Happen?

So what could potentially be the source of your nerve damage? For an accurate diagnosis, Dr. Danciger will need to see you in person, but some possible causes include:

- 01 DIABETES**
This is a leading cause for nerve damage, one that can be attributed to elevated blood sugar levels damaging nerve tissue
- 02 EXPOSURE TO TOXINS**
Certain toxic materials cause nerve damage, and you could develop this problem if you are exposed to them.
- 03 ANATOMICAL COMPRESSION**
In some cases, anatomical tissue pressing against a nerve can cause pain and numbness (an example of this tarsal tunnel syndrome).
- 04 CERTAIN MEDICATIONS**
Most types of medications have certain side effects, and neuropathy can be one of them.

MEET YOUR DOCTOR

DR. HARVEY DANCIGER



Dr. Harvey R. Danciger's practice is founded on three basic principles: trust, caring and a commitment to excellence in podiatry.

We view each patient as an individual. We view our relationship with our patients as a sacred trust and work hard everyday to deserve that trust. Patients come first!

LEARN MORE



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What Can Be Done About Neuropathy

Knowing why something happens is an important step, and so too is understanding how it can be resolved. In the case of neuropathy, there are measures you need to take on your own, along with professional treatment from Dr. Danciger. Some of these are:

MANAGE YOUR DIABETES

If your neuropathy is caused by this common (and serious) disease, you need to make sure you are eating a proper, diabetic-smart diet and monitoring your glucose levels regularly.

MAKE SMART LIFE CHOICES

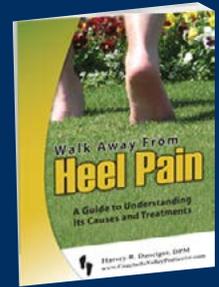
This is simply a good idea for anyone who enjoys being alive, but is particularly beneficial for those who have damaged nerves. Smart lifestyle choices are to eat nutritionally-balanced meals, exercise regularly, limit alcohol intake, and quit smoking.

MEDICATION AND LASER THERAPY

Some medications can help to relieve neuropathy symptoms, whereas **MLS laser therapy** is used to stimulate cellular growth and rejuvenation—which can restore tissue damage—while relieve pain at the same time.

LEARN MORE ABOUT NEUROPATHY

One of the best practices is to learn more about problems like this so you can recognize them, know how they're treated, and then take measures to prevent them. To that end, Dr. Danciger offers a completely **free book**, *Is Nerve Pain Disrupting Your Lifestyle?* Order your copy right now!



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“YOU HAVE
COMPLETELY
CHANGED
MY LIFE.”

L. HALLEK - PALM SPRINGS, CA

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Get Help Today!

Neuropathy is a serious condition, and especially when caused by diabetes. Don't suffer and put your feet at risk for bigger problems by putting off treatment – instead, contact Dr. Harvey Danciger today and get the treatment you need!

Connect with our Palm Desert office for more information—or to request your appointment—by calling (760) 568-0108.

Sudoku

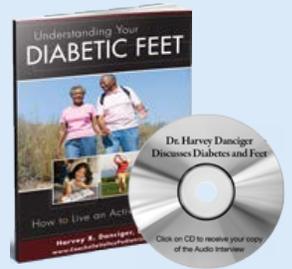
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